

# **The 22nd European Open Karate Championship and Kyokushin Karate European Cup**

BUCHAREST, December 6th–7th 2025

## **GUIDE**

To ensure the smooth running of the tournament and minimize its duration we will use the following solution.

### **December 5th (Friday)**

10:00-18:00 Verification of all participants in the Conference Hall official hotel “UNION MITING ROOM”, Located at level 1

To pass the verification you must bring: IKO Membership Card, Passport, Doctor's Agreement, Waiver form, Dogi jacket, protectors set (head protector scan only be white colour).

- Dogi must have kanji on the chest.
- There can't be any other symbols on the Dogi (neither on the pants nor on the blouse)
- Dress code for Seconds: All seconds must wear a white shirt with a collar and simple, plain grey, black or navy-blue trousers. The second can't wear flip-flops or be barefoot (he should have shoes such as those for refereeing). These rules also apply to competitors who are seconds to other competitors.

15:00-18:00 Judge Seminar (with exam)

18:00 European Meeting of BC's and DO's

Both seminars will take place at the Mercure Bucharest Unirii Hotel, Mircea Vodă Conference Hall, 5 minutes walk from the official hotel.

### **December 6th (Saturday)**

On Saturday, kata will take place on five tatami, and after they conclude, the bouts will be held in two blocks. On each mat, immediately after the first block bouts conclude, the second block bouts will begin (even if the first block bouts are still ongoing on other mats). The winners of the first block will be escorted to the podium and decorated during the second block bouts.

The kata competition decorations will take place immediately after the second block bouts conclude, followed by the decorations of the second block winners.

Saturday Schedule

7:45 Doors open

9:00 Judge briefing

10:00 Official opening ceremony Kyokushin Karate European Cup

10:30 AM - 12:20 PM Kata

3:00 PM - 6:00 PM Kumite Block B

6:10 PM - 6:50 PM Kata and Kumite Block B Award Ceremony

### **December 7th (Sunday)**

Kata will be held on three tatami. Immediately after the finals, the Kata winners will be awarded. The Kumite will then begin on three tatami according to the attached schedule. The bouts on Tatami A and C will end after approximately 50 minutes. On Tatami B (Men's Open and Women's Open), the bouts will last 3 hours.

Before the 3rd place bouts, there will be a 10-minute demonstration.

Schedule Sunday

7:45 Doors open

9:00 Judge briefing

10:00 Official opening ceremony 22nd European Open Kyokushin Karate

10:30 AM - 12:30 PM kata

12:45 PM - 4:00 PM kumite

4:00 PM - 4:20 PM awarding of kata and kumite winners aged 35+

4:20 PM - 4:50 PM awarding of European Open winners (8 men and 8 women)

20:00 Sayonara Party-“Bavette Italian Steak House Restaurants” (Official Union Plaza Hotel)  
The places are limited

**December 8th (Monday)**

9:00–10:30 Shihan Gorai Technical Seminar at the Mercure Bucharest Unirii Hotel, Mircea Vodă  
Conference Hall, 5 minutes walk from the official hotel.