



GERMAN OPEN

2025

NÜRNBERG / OCTOBER 4TH

SPORTHALLE BERTOLD BRECHT SCHULE

1. Organizer

IKO Deutschland e. V.

Sensei Mohsen Shomakhte – Dojo Nürnberg

2. Accommodation

The organizer does not provide accommodation.

If you need accommodation, we will help you find it, please contact us by e-mail or by phone.

3. Place of the event

Bertold Brecht Schule,
Karl Schönleben Straße 100 – 90471 Nürnberg

4. Fees

Kata – 50 Euro

Kumite – 50 Euro

Kata + Kumite – 70 Euro

5. Registration

The registration process is conducted via office@ikok-d.de from September 1 to September 28, 2025.

6. Main Judge

Shihan Slawomir Urbanczyk – Branch Chief IKO Germany

7. Mandatory protective gear

- head gear with face cover 6~13 y.o.;
no face cover 14~17 y.o. & adults first step);
- body protector *hogo* 6~13 y.o.;
- fist guards (IKO standard) 6~17 y.o. & adults first step;
- shin pads (IKO standard) 6~17 y.o. & adults first step;
- knee protectors (IKO standard) 6~17 y.o. & adults first step;
- groin cup for all men and boys;
- breast pads (IKO standard) for all women and girls.

Competitors must have their own personal protective equipment.
Organizer will NOT provide any protectors.

8. Competition rules

Competitions are held according to the international standards of the IKO rules.

Kata competition

Prizes for places: 1st, 2nd, 3rd. Qualification to the final for the 6 best competitors of the first round.

Category	Category	I round	Final
Boys 9 -11 y.o.	Girls 9 -11 y.o.	Pinan Sono Ich	Pinan Sono Ni
Boys 12 -14 y.o.	Girls 12 -14 y.o.	Pinan Son San	Pinan Sono Yon
Boys 15 -17 y.o.	Girls 15 - 17 y.o.	Gekisai Sono San	Bassai
Men (+18 y.o.)	Women (+18 y.o.)	Bassai	Kanku
Men 35-49 y.o.	Women 35-49 y.o.	Saifa	Sushiho
Men +50 y.o.	Women +50 y.o.	Saifa	Seienchin

Kumite +18 y.o. FIRST STEP

First competition, up to 4th KYU.

Prizes for 1st, 2nd, 3rd, 4th; fight for 3rd place.

Category	Weight categories	Elimination, Semifinal and Finals
Men FIRST STEP	-85 kg; + 85 kg	90s > 90s
Women FIRST STEP	- 60 kg; + 60 kg	90s > 90s

Kumite competition +18 y.o. (age as of October 04th, 2025)

Prizes for places 1st, 2nd, 3rd, 4th; fight for 3rd place.

Category	Weight categories	Elimination	Semifinal and final
Men	-60 kg; -70 kg; -80 kg; -90 kg; +90 kg	2m	3m > 2m > 2m > Weight (3kg) > 2m
Women	-55 kg; -65 kg; +65 kg	2m	3m > 2m > 2m > Weight (3kg) > 2m
Men +35 y.o. & +45 y.o.	-75 kg; -85 kg; +85 kg	90s	90s > 90s

Kumite 6-17 y.o. (age as of October 04th, 2025)

Prizes for places 1st, 2nd, 3rd, 4th – fights for 3rd place.

Boys	Weight categories	Elimination, Semifinal and Final
6-7 y.o.	-20 kg; -25 kg; +25 kg;	60s > 60s
8-9 y.o.	-25 kg; -30 kg; -35 kg; +35 kg;	60s > 60s
10-11 y.o.	-30 kg; -35kg; -40kg; -45kg; +45kg;	90s > 90s
12-13 y.o.	-40kg; -45kg; -50kg; -55kg; +55kg;	90s > 90s
14-15 y.o.	-50 kg; -55kg; -60kg; -65kg; +65kg;	120s > 120s
16-17 y.o.	-55kg; -60kg; 65kg; -70kg; -75kg; +75kg;	120s > 120s

Girls	Weight categories	Elimination, Semifinal and Final
6-7 y.o.	-20 kg; -25 kg; +25 kg	60s > 60s
8-9 y.o.	-25 kg; -30 kg; +30 kg;	60s > 60s
10-11 y.o.	-30 kg; -35kg; -40kg; +40kg;	90s > 90s
12-13 y.o.	-40kg; -45kg; -50kg; +50kg;	90s > 90s
14-15 y.o.	-50kg; -55kg; +55kg;	120s > 120s
16-17 y.o.	-55kg; -60kg; +60 kg;	120s > 120s

9. Insurance

Competitors will not be insured in any way by the organizer. The obligation to insure a participants rely, according to law, on the club where the competitor trains.

10. Final Provisions

The organizer reserves the right to combine or separate categories, taking into account, first of all, the safety of competitors, and secondly, the rank of the tournament.

Osu!

For more information contact us:

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**KNEE PROTECTORS | 6-17 Y.O.
& FIRST STEP**



HOGO | 6-13 Y.O.



GROIN CUP | BOYS AND MEN



**SHIN PADS | 6-17 Y.O.
& FIRST STEP**



**HEAD GUARD | 14-17 Y.O.
& FIRST STEP**



WRONG BREAST PAD (ONE, PLASTIC)



**FIST GUARDS | 6-17 Y.O.
& FIRST STEP**



HEAD GUARD WITH A FACE COVER | 6-13 Y.O.



**CORRECT BREAST PADS (TWO SEPARATED,
SOFT/FOAM) | GIRLS 14-17 Y.O. & WOMEN**