IKO POLAND SUMMER CAMP 2025

Information

Dates: August 14 - 17, 2025

Training place: KUL sports hall, Lublin, Konstantynow 1G st. **Accommodation**: Student Dorms of Catholic University (KUL), Lublin, Konstantynow 1Dst. First training will take place on 14th August (Thursday) at 15:30 The camp will end on 17th August (Sunday) at 12:00

Cost of the Camp

participation in the camp: 140 Euro accommodation, meals: 120 Euro Sayonara party: 45 Euro

August 14, 2025 (Thursday) - program 10:00 to 15:00 accommodation and registration We will register participants of Kyu and Dan (1-4) exams at the same time. Exam fee (participation in the exam) 1st – 4th Dan - 200 \$. People who wish to take the exam for 2nd – 4th dan must have a valid IKO Judge license.

10:00 to 12:00 first session of Judges Seminar led by Shihan Katsuhito Gorai. After the seminar you can take the exam for IKO Judge level "AJ" or "J". Everyone who plans to take active role in judging IKO tournaments is allowed to partake in the seminar, however for test the minimum requirement is a shodan. License level Exam fee Registration fee AJ 160 Euro, J 310 Euro, Update fee for 2025 35 Euro.

Schedule:

- practic kihon-geiko, ido-geiko, kumite and kata with its interpretation (bunkai).

- technique and tactics of Kyokushin karate combat
- exams up to 4th Dan

This year, Shihan Gorai and Sensei Suzuki will conduct a Judge seminar on a much larger scale than usual. It will be aimed at preparing judges to evaluate kata during international competitions.

Reservation of place and payment:

Reservations can be made from Jun 24, 2025, by registering at www.mykyokushin.net and paying the first installment of 50 Euro (or the entire amount) to the organizer's account. The remainder of the payment is due by August 5, 2025. Please title your money transfer using full name and adding "IKO Camp".

The remainder of the payment must be made by July 30, 2025, or paid in cash on arrival.

Organizer's account:

Fundacja Keiko 32 8187 0004 2001 0340 0135 0001

IBAN: PL SWIFT code: POLUPLPR

Attention! People who need an additional night from August 14 to August 15 are asked to mark this option in the registration form. The cost of an additional night is 25 Euro (meals not included).

Shihan Jacek Czerniec phone: 602 757 003 e-mail: jczerniec@gmail.com