

49. IKO POLAND SUMMER CAMP - 2022
Lublin 11-14 August

*** August 11 (Thursday)**

- 10:00 - 10:20 - Registration to participate in the judge's seminar, room no. 21
10.30 - 12.00 - IKO judges' seminar, room no. 21 in the building of the Faculty Exact Sciences of KUL
- 12:00 - 15:00 - registration and accommodation Dormitory of the Catholic University of Lublin,
ul. Konstantynów 1D
- 12:00 - 15:00 - registration for the Kyu / Dan exam. Female student at the Catholic University of Lublin,
Konstantynów 1D
Persons who are to take the exam for 2 - 4 dan must have IKO judge's license - mandatory.
- 14:50 - pre training meeting at Sport Hall.
15:00 - 17:30 - Training
17:30 - 1st round dinner (1st - 5th Dan - black belts)
18:10 - 2nd round dinner (Kyu grades - color belts)
20:00 - 21:15 - Training

*** August 12 (Friday)**

- 07:00 - 08:00 - organizational meeting of Test participants.
7:45 - 2nd round breakfast (KYU grades - color belts)
8:20 - breakfast 1st round (1st - 5th Dan - black belts)
10:00 - 12:00 - Training
12:00 - 12:40 - IKO referee seminar - Sport Hall.
12:40 - 13:15 - Shihan Gorai meeting with BC, DO and Dojo leaders, sports hall,
12:00 - lunch 1st round (1st - 5th Dan - black belts)
12:50 - 2nd round lunch (KYU grades - colored stripes)
15:30 - Dan Test (group I) at Sport Hall.
16:00 - 18:00 - Training green hall (shoes)
18:00 - 1st round dinner (KYU grades - color belts)
18:30 - 2nd round dinner (1st - 5th Dan - black belts)
20:30 - 21:30 - Training

*** August 13 (Saturday)**

- 7:30 - breakfast I round (KYU grades- color belts)
8:00 - breakfast 2nd round (1st - 5th Dan - black belts)
9:30 - Dan / Kyu Test (group II) at Sport Hall
10:00 - 12:00 - green hall training (shoes)
12:00 - lunch, round 1 (KYU grades - color belts)
12:45 - lunch 2nd round (1st - 5th Dan - black belts)
15:30 - 15:50 - group photo (in front of the hall)
16:30 - 18:30 - Training / Judge course
18:30 - 1st round dinner (1st - 5th Dan - black belts)
19:00 - 2nd round dinner (KYU grades - color belts)
19:20 - departure of the first group to Sayonara (1st - 5th Dan - black belts)
19:45 - departure of the second group to Sayonara (KYU grades - color belts)
20:00 - Sayonara Party

*** August 14 (Sunday)**

- 7:00 - 2nd round breakfast (KYU grades- color belts)
8:15 - breakfast 1st round (1st - 5th Dan - black belts)
9:30 - 11:30 - Training
11:30 - 12:00 - End of the camp (photo session)

* be ready 10 minutes before training, take part in all training sessions, please take isotonic drinks for training

More information - Shihan Jacek Czerniec +48 602 757 003

OSU!