



INVITATION

**KARATE KYOKUSHIN CLUB OF OSTRÓDA
WOULD LIKE TO INVITE YOUR CLUB REPRESENTATION
TO TAKE PART IN**

II INTERNATIONAL KYOKUSHIN KARATE TOURNAMENT

**I KO
MAZURY
CUP
2018**

THE TOURNAMENT WILL TAKE PLACE ON 27TH OF OCTOBER 2018

IN THE SPORTS HALL OF OSTRÓDA SPORTS AND RECREATION CENTER (OSTRÓDZKIE CENTRUM SPORTU I REKREACJI)

— OSCIR SPORTS HALL, 22A KOŚCIUSZKI STREET, 14-100 OSTRÓDA

OSTRÓDZKI KLUB

II INTERNATIONAL KYOKUSHIN KARATE TOURNAMENT

"IKO MAZURY CUP OSTRÓDA 2018"



1. Tournament organizer/administrator

Ostródzki Klub Kyokushin Karate
14-100 Ostróda, Słowackiego 13 Street
e-mail: arturkarate@interia.pl, mobile number. 509 196 7155

2. Termin i miejsce

27th of October 2018 (Saturday), Sports Hall of the Ostróda Sports and Recreation Center (OSCiR), 22a Kościuszki Street, 14-100 Ostróda

3. Honorary patronage

Senator Bogusława Orzechowska is the honorary patron of the tournament.

4. Patronage

The patronage of tournament is taken over by mayor of Ostróda city – Mr Czesław Najmowicz.

5. Participation

Teams from invited dojos which cooperate with IKO Kancho Matsui, that consist of any number of competitors can participate in the tournament.

Competitors, who are allowed to take part in tournament, are obliged to have:

- Medical certificate from a sports doctor stating the ability to practice karate. No medical certificate eliminate you from participating in the competition
- ID card with a photo and an exact date of birth
- IKO Membership Card
- Clean, white karate-gi
- Complete set of obligatory protectors required for a chosen category
- Adult competitors – Waiver of claims against the organizer in the event of accidents and reproduction of the image in accordance to annexed form
- Under 18 years old person - a written parent's or legal guardian's consent to take part in the tournament (according to an enclosed form). A competitor without the consent is automatically excluded from a Semi-Contact competition

A head of each team is obliged to referee during matches and to wear a full referee's garment required by IKO standards. As the tournament will be carried on three mats, additional referees are welcome.



6. Competition

Competitors will be divided into groups based on the date of birth! The Administrator reserves a right to make changes in weight categories, please declare an exact weight with accuracy up to 1 kg. Competitors who exceed the previously reported weight during verification will be removed from the kumite start list!!! Please act according to those requirements in order to avoid any unnecessary issues.

The tournament will be carried in following competitions categories:

KUMITE SEMI-CONTACT

fighting according to IKO regulations, for people under 18 years old

Men:

- **16 -17 years old (born in 2002-2001 and 2000, who in the day of the tournament are not 18 years old yet)**

Weight categories: up to 55 kg; -60kg, -65 kg; 70 kg;-75 kg, over 75 kg
(fight time: 2 minutes)

- **14 -15 years old (born in 2004-2003)**

Weight categories: up to 50 kg, 55 kg, 60 kg, 65 kg, over 65 kg
(fight time: 2 minutes, play-off time: 2 minutes)

- **12 -13 years old (born in 2006-2005)**

Weight categories: up to 40 kg, 45 kg, 50 kg, over 50 kg
(fight time 1,5 minute , play-off time: 1,5 minute)

- **10-11 years old (born in 2008-2007)**

Weight categories: up to 35 kg, 40 kg, 45 kg, over 45 kg
(fight time 1,5 minute , play-off time: 1,5 minute)

- **8-9 years old (born in 2010-2009)**

Weight categories: up to 25 kg, -30 kg, -35 kg, over 35 kg
(fight time 1,5 minute , play-off time: 1,5 minute)

- **6-7 years old (born in 2012-2011)**

Weight categories: up to 20 kg, -25 kg, -30 kg, over 30 kg
(fight time 1 minute , play-off time: 1 minute)



Women:

- **16 – 17 years old (born in 2002-2001 and 2000, who in the day of the tournament are not 18 years old yet)**

Weight categories: up to 55 kg, 60 kg, 65 kg, over 65 kg
(fight time: 2 minutes, play-off time: 2 minutes)

- **14-15 years old (born in 2004-2003)**

Weight categories: up to 50 kg, -55 kg, -60 kg, -65 kg, over 65 kg
(fight time: 2 minutes, play-off time: 2 minutes)

- **12 -13 years old (born in 2006-2005)**

Weight categories: up to 40 kg, 45 kg, 50 kg, 55 kg, over 55 kg
(fight time 1,5 minute , play-off time: 1,5 minute)

- **10-11 years old (born in 2008-2007)**

Weight categories: up to 35 kg, 40 kg, 45 kg, 55 kg, over 55 kg
(fight time 1,5 minute , play-off time: 1,5 minute)

- **8-9 years old (born in 2010-2009)**

Weight categories: up to 30 kg, over 30 kg
(fight time 1,5 minute , play-off time: 1,5 minute)

- **6-7 years old (born in 2012-2011)**

Weight categories: up to 25 kg, -30 kg, over 30 kg
(fight time 1 minute , play-off time: 1 minute)

RULES OF KUMITE SEMI-CONTACT COMPETITION:

The tournament will be played individually in a Cup's System. One category may be combined with another one by the decision of Main Referee if there are fewer than three competitors. Competitors of all age categories will be fighting according to world-wide IKO regulations,

Competitors should wear protectors as follows:

Categories	Obligatory personal protectors	Obligatory protectors provided by Administrator	Advisable protectors, not obligatory
<u>2010-2009</u> <u>2012-2011</u> <u>6-7</u> <u>and</u> <u>8-9 years old</u>	-white shin&instep protectors -hand protectors men -groin protector	-chest protector hogo -headgear with face cage	- soft knee guards - women – groin guard
<u>2008-2007</u> <u>10-11 years old</u>	-white shin&instep protectors -hand protectors men -groin protector	-chest protector hogo -headgear with face cage	- soft knee guards - women – groin guard
<u>2006-2005</u> <u>12-13 years old</u>	-white shin&instep protectors -hand protectors men -groin protector women -breast protector, separate plates (foamed) and elastic/stretchy top	-chest protector hogo -headgear with face cage	- soft knee guards - women – groin guard
<u>2004-2003</u> <u>14-15 years old</u>	-white shin&instep protectors -hand protectors men -groin protector women -breast protector, separate plates (foamed) and elastic/stretchy top	-headgear with face cage	- soft knee guards - women – groin guard
<u>2002-2001</u> <u>2000</u> <u>16-17 years old</u>	-white shin&instep protectors -hand protectors men -groin protector women -breast protector, separate plates (foamed) and elastic/stretchy top - mouth/teeth guard	-headgear with no face cage	- soft knee guards - women –groin guard

Competitor is required to be ready to fight after call out in no longer than 1 minute time in full set of protectors.

The Administrator do not provide obligatory personal protectors.

KUMITE SENIOR (fight time: 2 minutes, play-off: 2 minutes)

Fighting according to IKO regulations, but with shin & instep protectors:

- **Male Seniors** (over 18 years old)

Weight categories: up to 70 kg, -80 kg, -90 kg, over 90 kg



- **Female Seniors** (over 18 years old)
up to 60 kg, - 65 kg, over 65 kg

- **SENIOR OPEN** split into Female and Male categories

- **Senior 35+**
Weight categories: up to 80 kg, over 80 kg

RULES OF SENIORS KUMITE COMPETITION:

The tournament will be played individually in a Cup's System. The fight will be conducted according to Super Fight system (2 + 2 min) in categories where there are two competitors. Competitors will be fighting according to world-wide IKO regulations. In order to limit injuries, competitors are obliged to wear protectors as follows:

Categories	Obligatory personal protectors	Obligatory protectors provided by Administrator	Advisable protectors, not obligatory
<u>Seniors Men and Women</u>	-white shin&instep protectors - mouth/teeth guard -hand protectors men -groin protector women -breast protector, separate plates (foamed) and elastic/stretchy top		-soft knee guards women -groin guard
<u>Seniors +35</u>	-white shin&instep protectors -hand protectors men -groin protector - mouth/teeth guard	-headgear with no face cage	-soft knee guards women -groin guard

Male & Female seniors

If the competitor is fighting without the teeth protector, he is doing it on his own responsibility.

Male & Female Seniors +35

If the competitor do not have a teeth protector then headgear with face cage is obligatory.

Competitor is required to be ready to fight after call out in no longer than 1 minute time in full set of protectors.

The administrator does not provide obligatory personal protectors.



Match duration

For three and more competitors:

- 2 minutes round
- 2 minute first playoff - after which a verdict must be reached

For two competitors: Super Fight

- 2 minutes first round (in case of IPPON or two WAZARIs the fight finishes before the time and there is no second round)
- verdict
- 2 min second round
- Score Result (a superiority in two rounds decides, and then weight -more than 3 kg difference is decisive)
- 2 minutes playoff after which a verdict must be reached. A break between first and second round is 30 seconds.

KATA

There will be only 1 round for kata categories after which the winners will be announced.

Women and Man: 6-7 years old (2012 - 2011) unrestricted kata

Women and Man: 8-9 years old (2010 -2009) unrestricted kata

Men: 10-11 years old (2008-2007) Pinian Sono Ni

Women: 10-11 years old (2008-2007) Pinian Sono Ni

Men: 12-13 years old (2006-2005) Pinian Sono Ni

Women: 12-13 years old (2006-2005) Pinian Sono Ni

Men: 14-15 years old (2004-2003) Gekisai Sho

Women: 14-15 years old (2004-2003) Gekisai Sho

Men: 16-17 years old (2002-2001) Gekisai Sho

Women: 16-17 years old (2002-2001) Gekisai Sho

7. Participation fee

Competitors pay 50 PLN as a participation fee. This should be paid in cash on the day of the tournament or earlier, by a bank transfer on an account number below:

04 1160 2202 0000 0001 7374 0633 With a note: IKO Mazury Cup

(a competitor should have proof of payment on the day of the tournament)

8. Rewards

First, second and third place winners will receive engraved medals and diplomas. Club which wins in team's category, will receive special prize.



There will be no fights for the third place except Seniors Open Category.

Prizes in Seniors Open Category:

1st Place- free participation in 8th Polish Fighters Camp 2019 and IKO Poland Summer Camp 2019

2nd Place – free participation in 8th Polish Fighters Camp 2019

3rd Place- Karate-Gi IchiGeki

9. Application

Application forms should be sent NO LATER than on 23rd (Tuesday) by midnight.

Application- enclosed form (Excel) - should be send to email address:

iko.mazury.cup@gmail.com , and will also be available to download at:

www.karate.ostroda.pl._

NOTICE:

There can be a necessity to divide weight and age categories differently, after an analysis of entry forms, so please declare an exact weight of a competitors in all age categories!!!

Full-contact categories will be carried on even if there are only two competitors in a category (based on Super Fight System). In case there is only one fighter in a category, categories will be combined.

On 24th of October 2018, a list of competitors will be available at www.kyokushin.ostroda.pl. If anyone sees any mistake on the list, please send email immediately to iko.mazury.cup@gmail.com or a text message to senpai Natalia Stachowicz, mobile number +48 668 223 900 or sensei Artur Małż, mobile number +48 509 196 715.

A lack of information about mistakes by 25th of October 2018 (Thursday), by the midnight, will mean the list, including weights and ages of competitors, is correct. There will be no changes to weights and ages after that date.

A drawing will take place on Friday the 25th of October 2018 based on application forms. Check up of all documents described in point 3 of this document and obligatory sets of protectors will take place during the verifications (on Friday and Saturday).

Competitors who do not have current medical examinations/certificates (sports doctor) and other required documents will be excluded from the starting list.



10. Food during IKO Mazury Cup Ostróda 2018

The participants will receive a lunch under the start fee (which will be available between 12.00 and 14.00) and beverages. There will be a buffet with hot dishes in the hall during the competition . Free lunch will be provided for referees.

11. Accommodation

The organizer does not provide overnight accommodation, however, the teams which need it, after prior notification, will be sent an e-mail with accommodation list with a prices.

12. Insurance

Participants will not be insured in any way by the organizer. The obligation to insure a participants rely, according to law, on the club where the competitor trains.

13. Sayonara

On 27th of October 2018, after the tournament, at 19:00 o'clock there will be Sayonara Party held for judges and group leaders and invited guests. The cost of participation is 50 PLN per person except referees who do not need to pay any fee.

Warning!!!

In order to attend Sayonara, please send us confirmation by 23rd of October 2018! Confirmation can be made by phone to sensei Artur Małz mobile number +48 509 196 715 or by mail, email address: arturkarate@interia.pl

14. Time schedule

*Friday the 26th of October 2018

18.00-20.00 – verification in dojo (small sports hall, OSCiR, 22a Kościuszki Street, Ostróda)

*Saturday the 27th of October 2018

8.00-9.00 Verification at the sports hall (OSCiR, 22a Kościuszki Street, Ostróda)

9.30-10.00 Consultations of heads of teams

10.15 – 14.00 Eliminations

14.00-14.15 Official opening

14.30 Semi-final and final matches

17.00 Official end of the tournament

19.00 Sayonara Party

15. Final Provisions

In matters not covered by this regulations, the organizer will make any necessary decisions.

OSTRÓDZKI KLUB
KYOKUSHIN KARATE



We wish all of you nice and pleasant stay in Ostróda!

OSU!



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