

*Krośnieński Klub Kyokushin Karate
invites
a representation of Your Club to take part in:*

International Tournament Karate Kyokushin

„Przełęcz CUP”

DUKLA, 12. May 2018 .

1. ORGANIZER

*Krośnieński Klub Kyokushin Karate
38-400 Krosno, Powstańców Śląskich Street37
Dojo Dukla
tel. 661-911-120
e-mail: marsaw@onet.pl*

2.CO-ORGANIZER

MOSiR DUKLA

3. PATRONAGE

*-Marszałek Województwa Podkarpackiego
-TVP 3 Rzeszów*

4. DATE, PLACE

*12.05. 2018.(Saturday)
Hala Sportowo-widowiskowa MOSiR Dukla
Dukla, Armii Krajowej Street 1a*

5.PROGRAM OF THE COMPETITION

*7.00 - 9.00 –teams arrival and verification of participants
9.30 - 10.00 –consultation of referees
10.00 - 10.30 –official opening of the competition
10.30 - 13.00 – starting the competition Kata and Kumite
13.00 - 13.30 –break for lunch
13.30 - 17.00 –semifinal and final contest
17.00 - 17.30 –decoration of winners*

6. KATA CATEGORIES OF GIRLS AND BOYS

1.	<i>Kata</i>	<i>Boys and Girls together</i>	<i>2011 and younger</i>
2.	<i>Kata</i>	<i>Boys</i>	<i>2010-2009</i>
3.	<i>Kata</i>	<i>Boys- cadets</i>	<i>2008-2007</i>
4.	<i>Kata</i>	<i>Boys- younsters</i>	<i>2006-2005</i>
5.	<i>Kata</i>	<i>Boys- younger juniors</i>	<i>2004-2003</i>
6.	<i>Kata</i>	<i>Boys- juniors</i>	<i>2002-2001</i>
7.	<i>Kata</i>	<i>Girls</i>	<i>2010-2009</i>
8.	<i>Kata</i>	<i>Girls- cadets</i>	<i>2008-2007</i>
9.	<i>Kata</i>	<i>Girls- younsters</i>	<i>2006-2005</i>
10.	<i>Kata</i>	<i>Girls- younger juniors</i>	<i>2004-2003</i>
11.	<i>Kata</i>	<i>Girls- juniors</i>	<i>2002-2001</i>

Girls and Boys together -2011 and younger- only the first (1.) round - any kata

Girls and boys -2010- 2009

I round taikyoku sono ichi

II round taikyoku sono san

Girls and boys-2008 - 2007

I round taikyoku sono san

II round pinian sono ichi

Girls and boys-2006 - 2005

Girls and boys-2004 - 2003

Juniors -2002 - 2001+2000

<i>Category</i>	<i>I round</i>	<i>II round</i>
Youngsters <i>I round obligatory</i> <i>II round to choose from the list</i>	<i>Pinian Sono ichi</i>	<i>PinianSononi, PinianSono San, Yon,Kihon Sono Ni, Sakugi Sono San, Tsuki no Kata</i>

JUNIOR YOUNGER I round obligatory II round to choose from the list	<i>PinianSononi</i>	<i>PinianSonoSan, Yon, SakugiSono San, Tsuki No Kata GekisaiDai.</i>
JUNIOR I round obligatory II round to choose from the list	<i>PinianSono San</i>	<i>PinianSono Yon , Go. Tsuki No Kata, GekisaiDai, GekisaiSho, Saihe, Yantsu.</i>

7. KUMITE SEMI CONTACT CATEGORIES

1	<i>Kumite semi contact</i>	<i>Boys- younger children up to 25 kilos</i>	<i>2011 and younger</i>
2	<i>Kumite semi contact</i>	<i>Boys- younger children more than 25 kilos</i>	<i>2011 and younger</i>
3	<i>Kumite semi contact</i>	<i>Boys- children up to 27 kilos</i>	<i>2010 and 2009</i>
4	<i>Kumite semi contact</i>	<i>Boys- children more than 27 kilos</i>	<i>2010 and 2009</i>
5	<i>Kumite semi contact</i>	<i>Boys- Cadet up to 35 kilos</i>	<i>2008 and 2007</i>
6	<i>Kumite semi contact</i>	<i>Boys- Cadets up to 40 kilos</i>	<i>2008 and 2007</i>
7	<i>Kumite semi contact</i>	<i>Boys- Cadet more than 40 kilos</i>	<i>2008 and 2007</i>
8	<i>Kumite semi contact</i>	<i>Boys- youngsters up to 40 kilos</i>	<i>2006 and 2005</i>
9	<i>Kumite semi contact</i>	<i>Boys- youngsters up to 50 kilos</i>	<i>2006 and 2005</i>
10	<i>Kumite semi contact</i>	<i>Boys- youngsters- more than 50 kilos</i>	<i>2006 and 2005</i>
11	<i>Kumite semi contact</i>	<i>Boys- younger junior up to 55 kilos</i>	<i>2004 and 2003</i>
12	<i>Kumite semi contact</i>	<i>Boys- younger junior up to 65 kilos</i>	<i>2003 and 2003</i>
13	<i>Kumite semi contact</i>	<i>Boys- younger junior-more than 65 kilos</i>	<i>2004 and 2003</i>
14	<i>Kumite semi contact</i>	<i>Boys- juniors up to 60 kilos</i>	<i>2002 and 2001</i>
15	<i>Kumite semi contact</i>	<i>Boys- juniors up to 65 kilos</i>	<i>2002 and 2001</i>
16	<i>Kumite semi contact</i>	<i>Boys- juniors up to 70 kilos</i>	<i>2002 and 2001</i>
17	<i>Kumite semi contact</i>	<i>Boys- juniors up to 75 kilos</i>	<i>2002 and 2001</i>
18	<i>Kumite semi contact</i>	<i>Boys- juniors more than 75 kilos</i>	<i>2002 and 2001</i>
19	<i>Kumite semi contact</i>	<i>Girls- younger</i>	<i>2011 and younger</i>
20	<i>Kumite semi contact</i>	<i>Girls- children up to 25 kilos</i>	<i>2010 and 2009</i>
21	<i>Kumite semi contact</i>	<i>Girls- children more than 25 kilos</i>	<i>2010 and 2009</i>
22	<i>Kumite semi contact</i>	<i>Girls- Cadet up to 35 kilos</i>	<i>2008 and 2007</i>
23	<i>Kumite semi contact</i>	<i>Girls- Cadet more than 35 kilos</i>	<i>2008 and 2007</i>

24	<i>Kumite semicontact</i>	<i>Girls- youngster sup to 45 kilos</i>	<i>2006 and 2005</i>
25	<i>Kumite semi contact</i>	<i>Girls- youngsters more than 45 kilos</i>	<i>2006 and 2005</i>
26	<i>Kumite semi contact</i>	<i>Girls- younger junior up to 50 kilos</i>	<i>2004 and 2003</i>
27	<i>Kumite semi contact</i>	<i>Girls- younger junior more than 50 kilos</i>	<i>2004 and 2003</i>
28	<i>Kumite semi contact</i>	<i>Girls- juniors up to 55 kilos</i>	<i>2002 and 2001</i>
29	<i>Kumite semi contact</i>	<i>Girls- juniors up to 60 kilos</i>	<i>2002 and 2001</i>
30	<i>Kumite semi contact</i>	<i>Girls- juniors more than 60 kilos</i>	<i>2002 and 2001</i>

The tournament will be played in kumite semi contact category according to IKO rules for all age categories.

-all competitors must wear hogo and helmet, low kick permitted for everyone, rotating techniques and falling for jodan permitted.

In case of registration less than 4 competitors in any category, it will be cancelled or joined to another.

Every competitor who was born in 2000, but only before his/ her the 18th birthday can take part in the Tournament..

In registration form the competitor should write his/her weight accurate to 1 kilo. After verification, when the difference will be bigger than 1 kilo, the competitor will be disqualified.

Time of round for juniors 2 minutes, for youngsters and cadets 1,5 and a half of minute, for children and younger cadets 1 minute . Extra time- 1 minute.

8.TERMS OF PARTICIPATION AND GENERAL INFORMATION

Teams of IKO Matsui clubs can take part in the Tournament in any number of competitors.

Only registered in time and verified competitors will be allowed to take part in the Tournament.

After proper time competitors can't register and won't be allowed to take part in the Tournament.

Competitors must have:

- valid health card - kumite,*
- a proof of identity (identity card, passport etc.),*
- written agreement of his/ her parents to take part in the Tournament,*
- clean, white kimono,*
- body protector for all plus chest protector for girls,*
- white, fabric gloves and protectors for feet,*

Every club has a duty to take care of insurance for its competitors.

The main referee will be shihan Jacek Czerniec.

Groups of referees will be set up in the day of the Tournament. Every team is requested to have 2,3 referees, if it's possible. In Kata competition (evaluation of 5-7 referees) after the first (I) round, the points are added up—the highest and the lowest marks are ignored—and to the second (II) round go 8 competitors who have the great amount of points. The winner sare those competitors who gain the great amount of points in the second (II) round. When there is a draw, the sum of point of I and II round sis decisive.

Competitors of the first(I), the second (II) and the third (II) place will get diplomas and cups. Referees are invited for lunch.

Competitions will be played on 2 or 3 mats.

Start payment is 40 zloty or 10 euro (lunch is included); it has to be paid in the day of arrival by cash. Everyone can order an additional lunch by e-mail (marsaw@onet.pl)- price: 12 zloty.

In any case beyond regulations the Main Referee and Organizer decide.

Registration card is asked to be sent by e-mail marsaw@onet.pl untill 09.05.2018. (Wednesday).

Randomisation will be in 10.05.2018.(Thursday)

Information about accomodation in Dukla and in the neighbourhood are ayoucanfind here:<http://wolfrace.mosir.dukla.pl/index.php/2016/09/30/noclegi/>

We wish You good luck!

Sensei Marek Sawczuk