

50. IKO POLAND SUMMER CAMP 2023

Informations

Dates: August 10 - 13, 2023

Training place: KUL sports hall, Lublin, Konstanyńów 1G st.

Accommodation: Student Dorms of Catholic University (KUL), Lublin, Konstanyńów 1D st.

First training will take place on 10th August (Thursday) at 15:30

The camp will end on 13th August (Sunday) at 12:00

Cost of the Camp

participation in the camp: 120 Euro

accommodation, meals: 115 Euro

Sayonara party: 35 Euro

August 10, 2023 (Thursday) - program

10:00 to 15:00 accommodation and registration

We will register participants of Kyu and Dan (1-4) exams at the same time.

Exam fee (participation in the exam) 1st and 2nd Dan – 100 \$, 3 and 4 Dan - 200 \$.

People who wish to take the exam for 2nd – 4th dan must have a valid IKO Judge license.

10:30 to 12:00 first session of Judges Seminar

During the first session of the judges seminar all IKO rules will be covered in detail. After the seminar you can take the exam for IKO Judge level "AJ" or "J".

Everyone who plans to take active role in judging IKO tournaments is allowed to partake in the seminar, however for test the minimum requirement is a shodan belt.

License level	Exam fee	Registration fee
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AJ	50 \$	100 \$
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J	100 \$	200 \$
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Update fee for 2023 30 \$

Schedule:

- practic kihon-geiko, ido-geiko, kumite and kata with its interpretation (bunkai).
- technique and tactics of Kyokushin karate combat
- exams up to 4th Dan

The Camp will also host several sessions of seminar for judges, to allow them to familiarize with detailed rules of IKO tournament rules.

Reservation of place and payment:

Reservations can be made from July 12, 2023 by registering at www.mykyokushin.net and paying the first installment of 50 Euro (or the entire amount) to the organizer's account. The remainder of the payment is due by July 31, 2023. Please title your money transfer using full name and adding "Obóz IKO".

The remainder of the payment must be made by 31 July 2023 or paid in cash on arrival.

Organizer's account: **32 8187 0004 2001 0340 0135 0001**

IBAN: PL

SWIFT code: POLUPLPR

Attention! People who need an additional night from August 9 to August 10 are asked to mark this option in the registration form. The cost of an additional night is 20 Euro (meals not included).

Shihan Jacek Czerniec

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Osu!