

IV KARATE KYOKUSHIN TOURNAMENT

ICHIBAN IKO POLISH CUP

Kąty Wrocławskie – SATURDAY 7th JANUARY 2023

1. Tournament organizer/administrator:

UCZNIOWSKI KLUB SPORTOWY-KARATE KYOKUSHIN SYPIEŃ

55-080 Smolec, 13 Tulipanowa Street

NIP 896 159 88 53

Mobile number: +48 507066016

Co-organizer:

Wrocławski Klub Karate Kyokushin A. i S. Sypień

2. Time and place:

Saturday, 7th January 2023

Hala Widowiskowo-Sportowa, 4 Brzozowa Street, Kąty Wrocławskie.

3. Participation:

The tournament is only for IKO members and teams invited by the organizer.

Competitors, who are allowed to take part in tournament, are obliged to have

§

Medical certificate from a sports doctor stating the ability to practice karate.

No medical certificate eliminate you from participating in the competition, especially in youths semi-contact.

§

COVID statement for all participants and their guardians, trainers etc. (attachment)

§

Under 18 years old person – a written parent's or legal guardian's consent to take part in the tournament (according to an enclosed form). A competitor without the consent is automatically excluded from kumite competition.



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§

Adult competitors - waiver of claims against the organizer in the event of accidents and reproduction of the image in accordance to annexed form.

§

ID card with a photo and an exact date of birth § IKO Membership Card.

§

Clean, white karate-gi

§

Complete set of obligatory protectors required for a chosen category

§

One person from each team is obliged to referee during matches and to wear a full referee's garment required by IKO standards. As the tournament will be carried on three mats, additional referees are welcome.

§

Please provide in the registration form the team's manager/coach.

4. **Competition:**

The tournament will be carried in following competitions **kumite** categories (Fighting according to IKO regulations):

- kumite semi contact - under 18 years old competitors
- ADULT MEN (+18 YEARS OLD)
- ADULT WOMEN (+18 YEARS OLD)
- MASTERS (+35 YEARS OLD)
- MASTERS FIRST STEP (+35 YEARS OLD)

Competitors will be divided into groups based on the date of birth!



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KATA

Category	I round	Final round
Male/Female +18 YO	SAIFA	BASSAI
Boys/Girls 16-17 YO	SAIFA	GEKISAI SAN
Boys/Girls 14-15 YO	TSUKI NO KATA	GEKISAI SAN
Boys/Girls 12-13 YO	PINIAN SONO SAN	PINIAN SONO YON
Boys/Girls 10-11 YO	PINIAN SONO ICHI	PINIAN SONO NI
Boys/Girls 8-9 YO	TAIKYOKU SONO NI	TAIKYOKU SONO SAN

KUMITE SEMI CONTACT

Boys	Hogo	Weight categories
16 - 17 years old	NO	- 60 kg; - 65 kg; - 70kg; - 75 kg, + 75 kg
14 - 15 years old	NO	- 55 kg, - 60 kg, - 65 kg, - 70 kg, -75, +75 kg
12 - 13 years old	YES	- 45 kg, - 50 kg, - 55 kg, + 55 kg
10-11 years old	YES	- 30 kg, - 35 kg, - 40 kg, - 45 kg, + 45 kg
8-9 years old	YES	- 25 kg, - 30 kg, + 30kg
6-7 years old	YES	- 25 kg, + 25 kg
Girls	Hogo	Weight categories
16 - 17 years old	NO	- 55 kg, - 60 kg, + 60 kg
14 - 15 years old	NO	- 50 kg, - 55 kg, + 55 kg
12 - 13 years old	YES	- 45 kg, - 50 kg, + 50 kg
10-11 years old	YES	- 40 kg, - 45 kg, + 45 kg
8-9 years old	YES	- 25 kg, + 25 kg
6-7 years old	YES	- 20 kg, + 20 kg

The Administrator reserves a right to add weight categories in case of big differences in competitors' weight, please declare an exact weight with accuracy up to 1 kg.



RULES OF SEMI CONTACT KUMITE COMPETITION

The tournament will be played individually in a Cup's System. One category may be combined with another one by the decision of Main Referee if there are fewer than three competitors. Competitors of all age categories will be fighting according to world-wide IKO regulations.

Competitors should wear protectors as follows:

- white shin&instep protectors,
- white hand protectors,
- boys - groin protector,
- headgear with face cage,
- hogo (6-13 years old),
- girls - breast protector, separate plates (foamed) and elastic/stretchy top,
- soft knee guards.

Competitor is required to be ready to fight after call out in no longer than 1 minute time in full set of protectors. The Administrator do not provide obligatory protectors.

Fight time:

- 6-11 years old:

1 min round → play-off time 1 min → weight (more than 3 kg difference is decisive) → second play-off time 1 min, after which the verdict must be reached.

- 12-17 years old:

2 min round → play-off time 2 min → weight (more than 3 kg difference is decisive) → second play-off time 2 min, after which the verdict must be reached.

KUMITE FULL CONTACT

Categories	Weight categories
Adult women	- 55 kg; - 65 kg; +65 kg
Adult men	- 60 kg, - 70 kg, - 80 kg, - 90 kg, +90 kg
Masters (+35 years old)	- 85 kg; + 85 kg
Masters First Step	Division after the registration

RULES OF FULL CONTACT KUMITE COMPETITION

The tournament will be played individually in a Cup's System. One category may be combined with another one by the decision of Main Referee if there are fewer than three competitors. Competitors of all age categories will be fighting according to world-wide IKO regulations. In case of a small number of participants, the categories will be combined.

Masters and Masters First Step should wear:

- white shin&instep protectors,
- mouth/teeth guard
- men - groin protector,
- women - breast protector, separate plates (foamed) and elastic/stretchy top
- soft knee guards,

If a competitor fights without a teeth protector, he does so at his own risk.

Competitor is required to be ready to fight after call out in no longer than 1 minute time in full set of protectors. **The Administrator do not provide obligatory protectors.**

Fight time

- adults

2 min round -> play-off time 2 min

Finals: 3 min round -> play-off time 2 min -> weight -> 2 min

- masters and masters first step

1,5 min round -> play-off time 1.5 min

5. Participation fee

Competitors pay 100 PLN or 25 € as a participation fee. Lunch included. This should be paid in cash on the day of the tournament.

6. Awards and teams ranking

For the first, second and third places in all categories, the competitors will receive cups and diplomas. Teams scoring rules:

1st place - 5 points, 2nd place - 3 points, 3rd place - 1 point.

7. Registration

a) Registration of fighters will be taken through next.osusoftware.com (support phone numer +48 668 223 900) web page.

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a) Registration of fighters will be taken through osusoftware.com from **1st December to 31th December 2022 (Saturday) 24:00**:

c) Checkup of all documents such as medical certificate from a sports doctor, ID card, IKO Membership Card, waiver of claims against the organizer, a written parent's or legal guardian's consent to take part in the tournament will take place during the verifications.

Competitors who do not have current medical examinations/certificates (sports doctor) and other required documents will be excluded from the starting list. This does not exempt the club from paying the starting fee!

Verification of competitors arriving on Friday will take place from 4 pm to 8 pm in Sports Hall 4 Brzozowa Street Kąty Wrocławskie.

8. Schedule

The schedule will be published soon.

9. Accommodation

Recommended hotel: [Terminal Hotel](#); Bookings by email karate@terminalhotel.pl

The organizer does not provide overnight accommodation but can help you find the accommodation. Please contact us +48 507 066 016.

10. Insurance

Participants will not be insured in any way by the organizer. The obligation to insure a participants rely, according to law, on the club where the competitor trains.

11. Final Provisions

In matters not covered by this regulations, the Main Referee and organizer will make any necessary decisions.

We wish all of you nice and pleasant stay in Kąty Wrocławskie!

OSU!

Shihan Agnieszka Sypień mobile number: +48 507 066 016

Sensei Sylwester Sypień mobile numer: +48 501 770 549

mail wroclawskiklubkarate@interia.pl



WAIVER FORM Junior

IV Ichiban IKO Polish Cup,
Kąty Wrocławskie, January 7th 2023

Name: _____

Category: _____

Country: _____

BC or DOP: _____

I, the undersigned _____, hereby declare that I am the legal representative of _____ and that I consent to his/her participation in the sports competition of the IV Ichiban IKO Polish Cup. I declare that he/she takes part in the sports competition of IV Ichiban IKO Polish Cup at my risk and under my responsibility, and that he/she health condition allows him/her to take part in this competition and that there are no medical contraindications to his/her participation. I assume criminal and civil liability for any damage caused by my son/ daughter during the sports competition. I declare that I will not file any complaints or claims in court for damages as well as possible health impairment caused by any incidents during the sports competition. I accept that the organiser is not liable in any way for the actions or omissions of a participant in the competition. I declare that I have familiarised myself with the competition rules and I fully accept the provisions contained therein. I consent to the processing of my personal data within the meaning of the Regulation of the European Parliament and of the Council (EU) 2016/679 of 27 April 2016 and the Act of 10 May 2018 on the protection of personal data (Journal of Laws 2019 item 1781) contained in the above statement and to the use of my image by UCZNIOWSKI KLUB SPORTOWY-KARATE KYOKUSHIN SYPIEŃ, 55-080 Smolec, 13 Tulipanowa Street, NIP 896 159 88 53, for the purpose of promoting and disseminating sport and physical culture, including the publication of results, photos and reports of competitions in the press, on websites and in professional guides.

Signature: _____ Date: _____

WAIVER FORM Adults

IV Ichiban IKO Polish Cup,
Kąty Wrocławskie, January 7th 2023

Name: _____

Category: _____

Country: _____

BC or DOP: _____

I, the undersigned _____, hereby declare that I take part in the sports competition of the IV Ichiban IKO Polish Cup at my own risk and at my own responsibility and that my health condition allows me to take part in this competition and that there are no medical contraindications to my participation. I assume criminal and civil liability for any damage caused by me during the sporting event. I declare that I will not file any complaints or claims in court for damages as well as possible health impairment caused by any incidents during the sports competition. I accept that the organiser is not liable in any way for the actions or omissions of a participant in the competition. I declare that I have familiarised myself with the competition rules and I fully accept the provisions contained therein. I consent to the processing of my personal data within the meaning of the Regulation of the European Parliament and of the Council (EU) 2016/679 of 27 April 2016 and the Act of 10 May 2018 on the protection of personal data (Journal of Laws 2019 item 1781) contained in the above statement and to the use of my image by UCZNIOWSKI KLUB SPORTOWY-KARATE KYOKUSHIN SYPIEŃ, 55-080 Smolec, 13 Tulipanowa Street, NIP 896 159 88 53, for the purpose of promoting and disseminating sport and physical culture, including the publication of results, photos and reports of competitions in the press, on websites and in professional guides.

Signature: _____ Date: _____