

19TH EUROPEAN OPEN
KARATE
CHAMPIONSHIP
& KYOKUSHIN KARATE EUROPEAN CUP

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5TH, 6TH NOVEMBER 2022
MYŚLENICE, POLAND

19TH EUROPEAN OPEN
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Place: Sports Hall, Zdrojowa 9 st, Myslenice, Poland

Date: November 5th – 6th 2022

Organizer: International Karate Organization Kyokushinkaikan - Poland

Shihan Jacek Czerniec, IKO Poland Branch Chief

More info: www.ikopoland.com

Join the event on Facebook to stay up to date

https://www.facebook.com/events/1124924218143584/?active_tab=discussion

Contact: ikopoland@gmail.com , shihan Jacek Czerniec phone +48 602757003

Registration: the registration process will take place via the website: mykyokushin.net

between **September 10th - October 9th.**

Official Hotel: Qubus Hotel Kraków, Nadwiślańska 6 st,

<https://www.qubushotel.com/pl/hotel-krakow>

Hotel reservations: Reservations can be made until October 9th, using the password

"karate2022". hotel email: krakow@qubushotel.com, hotel phone: +48 123745100

Double rooms with breakfast are available. The cost is PLN 390 per night per room. Guests have at their disposal a swimming pool, sauna and gym. The rooms have irons. The number of rooms is limited.

Nearest airports: Krakow Airport <https://www.krakowairport.pl/en/homepage/>

Katowice Airport <https://www.katowice-airport.com/>

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Fees:

KATA	KUMITE	KATA+KUMITE	TEAM KATA	SAYONARA PARTY	IKO TECHNICAL SEMINAR
70 EURO or 340 PLN	70 EURO or 340 PLN	110 EURO or 530 PLN	100 EURO (per team) or 480 PLN	50 EURO or 240 PLN	50 EURO (free admission for Branch Chiefs)

Payment can be made by bank transfer until October 10 or in cash during verification on November 4. If you pay by bank transfer, you must have the transfer confirmation printed during verification

Organizer's bank account number for foreign payments in euro:

name: Myślenicka Akademia karate "Byakko"

address: Drogowców 6, 32-400 Myślenice

bank: PKO BP

number: 96 1020 2892 0000 5102 0829 6446

swift: BPKOPLPW

Organizer's bank account number for payments in PLN:

name: Myślenicka Akademia karate "Byakko"

address: Drogowców 6, 32-400 Myślenice

bank: PKO BP

number: 21 1020 2892 0000 5102 0829 6438

swift: BPKOPLPW

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All age categories are determined as of November 4th, 2022

All participants and team members of the Championships must have a valid insurance.

The organizer does not provide any insurance and does not take responsibility in this area.

The 19th European Open Karate Championship:

KUMITE +18 years old

(Prizes for places 1st, 2nd, 3rd, 4th - will fight for 3rd and 4th place)

Category	Mandatory protective gear	Match duration
Men Open	Groin cup, Optional: Mouth guard	Elimination round: 2 minutes -> 2 minutes Semi finals and finals round: 3 minutes -> 2 minutes -> 2 minutes -> weight -> 2 minutes (mandatory decision)
Women Open	Breast pads, Optional: Mouth guard	Elimination round: 2 minutes -> 2 minutes Semi finals and finals round: 3 minutes -> 2 minutes -> 2 minutes -> weight -> 2 minutes (mandatory decision)

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Kyokushin Karate European Cup

KATA+18 years old (Prizes for places: 1st, 2nd, 3rd)

Category	Kata Elimination	Kata Final (for top 6)
Men	Saifa	Bassai
Women	Saifa	Bassai
Team Kata (3 - 5 people, duration less than 5 min) Open to all age and gender	-	Any Kyokushin Kata except for Ura, Sanchin, Tensho, Bassai and Tekki.

KATA Juniors

(Prizes for places: 1st, 2nd, 3rd)

BOYS kata category	GIRLS kata category	Kata Elimination	Kata Final (for top 6 only)
Boys: 10-11 y.o	Girls: 10-11 y.o.	Pinan Sono Ichi	Pinan Sono Ni
Boys: 12-13 y.o	Girls: 12-13 y.o	Pinan Sono San	Pinan Sono Yon
Boys: 14-15 y.o	Girls: 14-15y.o	Tsuki No Kata	Gekisai San
Boys: 16-17 y.o	Girls: 16-17 y.o	Saifa	Gekisai San

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KUMITE Juniors

(Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

BOYS			
Category	Weight	Mandatory protective gear	Match duration
10-11 y.o.	-30kg; -35kg; -40kg; 45kg; +45kg;	Head gear (with face cover), Body protectors, Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
12-13 y.o.	-40kg; -45kg; 50kg; -55kg; +55kg;	Head gear (with face cover), Body protectors, Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
14-15 y.o.	-50kg; -55kg; -60kg; -65kg; -70kg; 75kg; +75kg;	Head gear (with face cover), Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 120 seconds -> 120 seconds
16-17 y.o.	-55kg; -60kg; 65kg; -70kg; -75kg; 80kg; +80kg;	Head gear (no face cover), Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard) Optional: Mouth guard	Elimination and finals round: 120 seconds -> 120 seconds

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GIRLS			
Category	Weight	Mandatory protective gear	Match duration
10-11 y.o.	-30kg; -35kg; -40kg; +40kg;	Head gear (with face cover), Body protectors, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
12-13 y.o.	-40kg; -45kg; -50kg; +50kg;	Head gear (with face cover), Body protectors, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
14-15 y.o.	-50kg; -55kg; -60kg; +60kg;	Head gear (with face cover), Breast pads, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 120 seconds -> 120 seconds
16-17 y.o.	-50kg; -55kg; -60kg; -65kg; +65kg;	Head gear (no face cover), Breast pads, Fist guards, Shin pads, Knee protection, (IKO standard) Optional: Mouth guard	Elimination and finals round: 120 seconds -> 120 seconds

Competitors must have their own personal protective equipment

Organizer will provide only body protectors.

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Seniors Men

Category	Weight	Mandatory protective gear	Match duration
Man: 35-44 y.o.	-85kg; +85kg;	Head gear (no face cover), Groin cup, Fist guards, Shin pads, Knee protection (IKO standard), Optional: Mouth guard	elimination and finals round: 90 seconds -> 90 seconds
Man: 45 and over y.o.	-85kg; +85kg;	Head gear (no face cover), Groin cup, Fist guards, Shin pads, Knee protection (IKO standard), Optional: Mouth guard	elimination and finals round: 90 seconds -> 90 seconds

Competitors must have their own personal protective equipment

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SCHEDULE:

November 4th (Friday)

10:00-18:00 Verification of all participants

To pass the verification you must bring: IKO Membership Card, Passport , Doctor's agreement (without HIV test), Waiver form, Dogi jacket, protectors set (head protectors can only be white colour. If the competitor does not have the proper pads, he will have to buy them on the spot during verification.

14:30-16:30 Judge Seminar kumite (with exam)

17:00-18:30 Judge Seminar kata (with exam)

18:45 European Meeting of BC's and DO's

November 5th (Saturday)

8:00 Departure of coaches from the Qubus Hotel to the hall (and back after tournament)

9:00 Judge briefing

10:00 Official opening ceremony of the European Cup

10:30 Start of the competition juniors kata, kumite and seniors kumite +35/+40 y.o.

November 6th (Sunday)

8:00 Departure of coaches from the Qubus Hotel to the hall (and back after tournament)

10.00 Official opening ceremony The 19ht European Open Karate Championships

10:30 Start of the competition seniors kata, team kata and kumite +18 y.o.

20:00 Sayonara Party in Qubus Hotel

November 7th (Monday)

9:30 – 11:00 IKO Technical Seminar in Qubus Hotel

Organizational details and information related to the pandemic situation will be published on the ikopoland.com website and sent to the email addresses provided in the registration.

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