49. IKO POLAND SUMMER CAMP 2022 Informations

Dates: August 11 - 14, 2022

Training venue: KUL sports hall, Lublin, Konstantynów 1G st.

Accommodation: Student Dorms of Catholic University (KUL), Lublin, Konstantynów 1D st. First training will take place on 11th August (Thursday) at 15:30 The camp will end on 14th August (Sunday) at 13:00

(Sunday) at 12:00

Cost of the Camp

participation in the camp: 95 Euro accommodation, meals: 100 Euro

Sayonara party: 30 Euro

August 11, 2022 (Thursday) - program

10:00 to 15:00 accommodation and registration

We will register participants of Kyu and Dan (1-4) exams at the same time.

Exam fee (participation in the exam) 1st and 2nd Dan – 100 \$, 3 and 4 Dan - 200 \$.

People who wish to take the exam for 2nd – 4th dan must have a valid IKO Judge license.

10:00 to 12:00 first session of Judges Seminar

During the first session of the judges seminar all IKO rules will be covered in detail. After the seminar you can take the exam for IKO Judge level "AJ" or "J".

Everyone who plans to take active role in judging IKO tournaments is allowed to partake in the seminar, however for test the minimum requirement is a shodan belt.

License level Exam fee Registration fee

AJ 50 \$ 100 \$ J 100 \$ 200 \$ Update fee for 2022 30 \$

Schedule:

- practic kihon-geiko, ido-geiko, kumite and kata with its interpretation (bunkai).
- technique and tactics of Kyokushin karate combat
- exams up to 4th Dan

The Camp will also host several sessions of seminar for judges, to allow them to familiarize with detailed rules of IKO tournament rules.

Reservation of place and payment:

Reservations can be made from June 24, 2022 by registering at www.mykyokushin.pl and paying the first installment of 50 Euro (or the entire amount) to the organizer's account. The remainder of the payment is due by July 28, 2022. Please title your money transfer using full name and adding "Obóz IKO".

The remainder of the payment must be made by 28 July 2022 or paid in cash on arrival.

Organizer's account: 32 8187 0004 2001 0340 0135 0001

IBAN: PL SWIFT code: POLUPLPR

Attention! People who need an additional night from August 10 to August 11 are asked to mark this option in the registration form. The cost of an additional night is 15 Euro (meals not included).

Shihan Jacek Czerniec

phone: 602 757 003 e-mail: jczerniec@gmail.com Osu!