

Each participant of «Russian Open Junior Cup» International Karate Kyokushinkai Tournament must have individual protective gear and show it at Check-in.



1. Shin pads of white color (stocking type).

2. Open finger gloves with knuckle protection.

3. Head gear.



4. Groin cup/guard.

5. Standard breast pads of white color (should not cover the belly).



Attention! Body protectors for competitors 10-11 years old will be provided by the organizers.