### International Karate Organization Kyokushinkaikan – Poland

presents

## 9<sup>th</sup> POLISH FIGHTERS CAMP

(kumite seminar for teenagers (14 y.o. and older) and adults)

and

# 6<sup>th</sup> YOUNG LIONS CAMP

(kumite seminar for children aged 9-13)

### with: Sensei Mikio Ueda

#### Date: 28 February – 01 March 2020 r.

Place: Nałęczów, Spółdzielcza 17 st., Sports Hall of Żeromski School GPS: 22.20688 E, 51.29105 N

#### Cost: young and adults: 75 EURO, children: 60 EURO

**Price includes:** participation in the trainings, name certificate of participation signed by the trainer, calendar. **Sayonara party – 15 Euro,** Select the proper option while registering online. You will not be able to cancel the participation in the party at the registration table.

**Kyu and Dan exams:** During the seminar there will be a **Kyu and Shodan/Nidan** exam. To participate please contact your BC/DO beforehand. (online registration). Please, bring a written letter of approval from Your Sensei.

**Registration:** registration will take place via <u>www.mykyokushin.pl</u> website between 23<sup>th</sup> January – 12<sup>th</sup> February 2020.

#### Accommodation:

#### Hotel CSW Energetyk, Nałęczow Paderewskiego 10 st. Cost per person: 75 Euro

Price includes 2 nights in the hotel (Fr/Sat, Sat/Sun) in a single, double or triple room, hotel fee, meals from Friday dinner to Sunday breakfast (without Saturday diner). At the hotel there is a paid parking.

Registration 28<sup>th</sup> Feb 2020 (Friday) between 12:00-15:00 All participants (regardless of the accommodation option) must visit the registration desk at the Dorm of Żeromski School, Nałęczów, Spółdzielcza 17 st. At the desk you must pay the cost of the seminar and accommodation. Please, bring protectors and gloves.

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