

## 45th IKO SUMMER CAMP 2018

**Cost of the Camp:** (trainings, accommodation, meals) – 170 Euro

**Place of trainings:** Sports Hall of Catholic University (KUL), Lublin, Konstantynów 1G st.

**Accommodation:** Student Dorms of Catholic University (KUL), Lublin, Konstantynów 1D st.

First training will take place on 15th August (Wednesday) at 15:30

The camp will end on 18th August (Saturday) at 12:00

### 15th August 2018 (Wednesday) - schedule

10:00 to 15:00 accommodation and registration

We will register participants of Kyu and Dan (1-4) exams at the same time.

*Exam fee (participation in the exam) 1st and 2nd Dan – 100 \$, 3 and 4 Dan - 200 \$.*

*People who wish to take the exam for 2nd – 4th dan must have a valid IKO Judge license.*

10:00 to 12:00 first session of Judges Seminar

*During the first session of the judges seminar will be covered in detail all IKO rules. After the seminar you can take the exam for IKO Judge level "AJ" or "J".*

*Everyone who plans to take active role in judging IKO tournaments is allowed to partake in the seminar, however for test the minimum requirement is a shodan belt.*

License level	Exam fee	Registration fee
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AJ	50 \$	100 \$
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J	100 \$	200 \$
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Update fee for 2017		30 \$
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### Schedule:

- perfecting kihon-geiko, ido-geiko, kumite and kata with its interpretation (bunkai).
- technique and tactics of Kyokushin karate combat
- exams up to 4th Dan (including)

The Camp will also host several sessions of seminar for judges, to allow them to familiarize with detailed rules of IKO tournament rules.

### Reservation of place and payment:

You can reserve a place from 5th June 2018 only using an online registration form at [www.ikopoland.com](http://www.ikopoland.com) and by paying the initial fee of 50 Euro (or the whole payment) using the organizers bank account. You should pay the rest of the fee until 31st July 2017.

Please, write your NAME SURNAME - IKO CAMP in the title of the bank transfer.

### Organizer's bank account:

BS w Wisznicach I/O w Lublinie nr konta: 14 8055 0006 0400 3685 2004 0001

IBAN: PL SWIFT code: POLUPLPR

### Attention!

People who need an additional accommodation (night of 14th-15th August) are asked to fill it in the registration form.

The cost of the accommodation is 15 Euro Meals are not included.

**Osu !**

Shihan Jacek Czerniec

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