

IKO SUMMER CAMP 2017

Cost of the Camp: (trainings, accommodation, meals) – 695 zł

Place of trainings: Sports Hall of Medical University in Lublin, Chodźki 15 st.

Accommodation: Student Dorms of Medical University in Lublin, Chodźki 11 st.

First training will take place on 17th August (Thursday) at 15:30

The camp will end on 20th August (Sunday) at 12:00

17th August 2017 (Thursday) - schedule

Accommodation and registration: from 10:00 to 15:00

We will register participants of Kyu and Dan (1-4) exams at the same time.

Exam fee (participation in the exam) 1st and 2nd Dan – 100 \$, 3 and 4 Dan - 200 \$.

First session of Judges Seminar: from 10:00 to 12:00

People who wish to take the exam for 2nd – 4th dan must have a valid IKO Judge license.

License level	Exam fee	Registration fee
AJ	50 \$	100 \$
J	100 \$	200 \$
Update fee for 2017		30 \$

Schedule:

- perfecting kihon-geiko, ido-geiko, kumite and kata with its interpretation (bunkai).
- technique and tactics of Kyokushin karate combat
- exams up to 4th Dan (including)

The Camp will also host several sessions of seminar for judges, to allow them to familiarize with detailed rules of IKO tournament rules.

Reservation of place and payment:

You can reserve a place from 15th June 2017 only using an online registration form at www.ikopoland.com and by paying the initial fee of 200zł (or the whole payment) using the organizers bank account. You should pay the rest of the fee until 31st July 2017.

Please, write your NAME SURNAME - IKO CAMP in the title of the bank transfer.

Organizer's bank account:

BS w Wisznicach I/O w Lublinie nr konta: 14 8055 0006 0400 3685 2004 0001

IBAN: PL SWIFT code: POLUPLPR

IKO Judge Seminar:

On 17th August 2017 between 10:00 – 12:00 we will hold the first session of the judges seminar which will cover in detail all IKO rules. After the seminar you can take the exam for IKO Judge level "AJ" and "J".

. Everyone who plans to take active role in judging IKO tournaments is allowed to partake in the seminar, however the minimum requirement is a shodan belt.

Attention!

People who need an additional accommodation before the seminar (night of 16th-17th August) are asked to fill it in the registration form.

The cost of the accommodation is 50zł. Meals are not included.

Osu !